



EAST ZONE IMS CONFERENCE, 2019

organized by

GUWAHATI MENOPAUSE SOCIETY

28th September, 2019 (Saturday)

12 noon onwards: **Registration**

1:00- 4:00 pm : **Workshop on Cosmetology** - **Dr Aruna Devi**

Packed Lunch

4:00-5:00pm : **Session on Women, Aging and the Big Change** (20 mins each)

Chairpersons : **Dr G C Das, Dr S S Choudhury, Dr Nilakshi Goswami and Dr Ambuja C**

- | | |
|-------------------|------------------------------|
| 1. Healthy Aging | - Dr Reena Srivastava |
| 2. Bone Health | - Dr A M Baruah |
| 3. Midlife Health | - Dr Ayona Borthakur |

5:00- 5:15 pm : **Tea Break**

5:15-6:00pm : **Panel on Challenges of Menopause**

Moderator : **Dr Shobhana Mohandas and Dr Manjima Ganguly**

Panellists : **Dr Mamta Sharma, Dr Siddhartha Goswami, Dr Aruna Devi, Dr Prerna Keshan, Dr Ayona Borthakur, Dr Jyoti Bhuyan, Dr Saurav Das, Dr Nilakshi Deka**

6:00- 7:00 pm : **Session on Miscellaneous Topics**

Chairpersons : **Dr Rina Ahmed, Dr Panchanan Das and Dr Seema Sharma**

1. Mind and menopause - **Dr Dipanjali Medhi**
2. Urinary problems in the elderly woman - **Dr Sasanka Barua**
3. HT – Choosing the right one - **Dr Puspa Sethi**
4. Hot and Bothered. Practical tips for managing hot flushes, night, sweats and sleep. - **Dr Nerupa Jodhani**

7:00pm onwards : **Inauguration and Cultural Programme & Dinner**



EAST ZONE IMS CONFERENCE, 2019

organized by
GUWAHATI MENOPAUSE SOCIETY

29th September, 2019 (Sunday)

8:00- 9:00 am : Registration

9:00- 9:30 am : Free papers & Poster Presentation

9:30-10:00 am : *Oration* - Dr Ambuja C

Chairpersons : Dr B P Das and Dr Nilakshi P Kumar

10:00-11:00am : *Session on Oncology* (15 mins each)

Chairpersons : Dr Amal Ch Kataki, Dr Priti Devi Kakaty & Dr Bidyabati Das

1. Abnormal pap test in perimenopause, What Next? **Dr. Seema Sharma**
2. Breast cancer Risk evaluation. **Dr Pronoy Phukan**
3. Evaluation of adnexal masses after menopause. **Dr B P Das**
4. Ca Cervix - Newer aspects in Management. **Dr Debobrata Barman**

11:00-12:00am : *Session on HT – Sponsored by PFIZER*

Chairperson : Dr Reeta Bhuyan, Dr Reena Srivastava & Dr Farida Begum

1. Newer guidelines- **Dr Nilakshi P Kumar**
2. Non hormonal HT - **Dr Hemanga Baishya**
3. Holistic approach towards menopause- **Dr Anudhriti Dutta**
4. Sexuality after Menopause – **Dr Junamoni Borgohain**

12:00-12:10 : *Tea break*

12:10-1:10 pm : *Session on Fertility and Menopause*

Chairperson : Dr Ashok Aggarwal, Dr Bolen Ch Baishya & Dr Monica Deb

1. Fertility beyond 40 – **Dr Deepak Goenka**
2. Contraception in the perimenopausal woman – **Dr Ananya Das**
3. Medicolegal aspects of ART in menopause- **Dr Arpita Sharma**
4. Elderly parturient and the problems thereon.- **Dr Alakananda**

1:10- 2:00 pm : *Panel on Perimenopausal AUB and Post menopausal bleeding*

Moderators : Dr Bhaskar Pal and Dr Apurba kr Bhattacharya

Panellists : Dr Panchanan Das, Dr Dilip Sharma, Dr Asha Agarwal , Dr Minakshi Sharma, Dr Bandana Kurmi and Dr Madhu Gulati.

Valedictory function and Lunch.
